



Osaka Eats Cheat Sheet

“Kuidaore” – to ruin oneself with food.



Takoyaki Umaiya

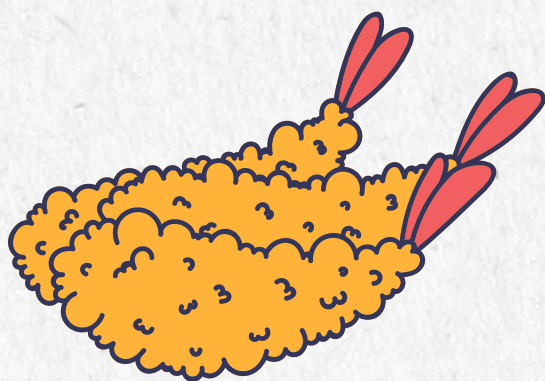
The second oldest takoyaki shop in Japan serving up golden brown octopus balls sans-mayo.

Hiyoko

An intimate, cozy takoyaki counter grilling up creamy, eggy, takoyaki with ice-cold beers.

- Address: Minamisenba, 2 Chome-10-21, Chuo Ward

- Address: 4-21 Naniwacho, Kita Ward



Kushikatsu Daruma

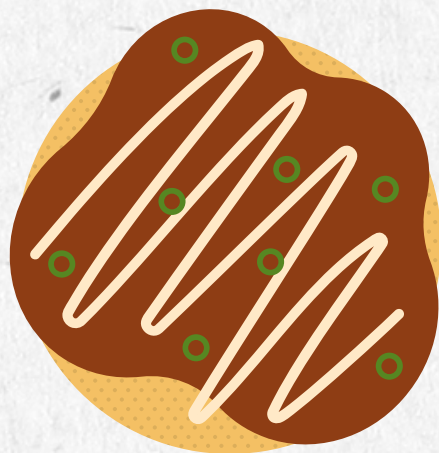
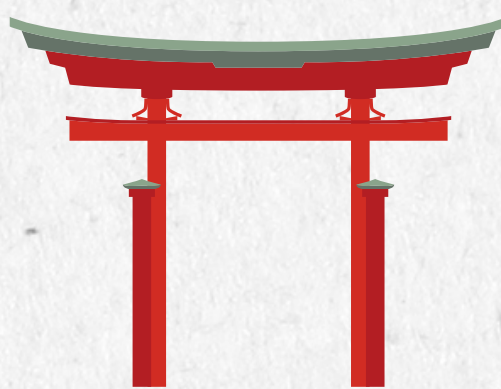
A beloved deep-fried meat and vegetable skewer chain found all over Osaka.

- Address: 2 Chome-3-9 Ebisu Higashi, Naniwa Ward [Main Branch]

Kushikatsu Gojoya

An up-scale omakase kushikatsu restaurant serving up elevated takes on a working-class staple.

- Address: 2 Chome-1-11 Uchihiranomachi, Chuo Ward



Teppan Okonomiyaki Mitsuki

An unpretentious, bustling okonomiyaki and teppanyaki haunt in the heart of Dotonbori.

- Address: 2-26 HYビル 1F, Souemoncho, Chuo Ward

OKO - Fun Okonomiyaki Bar

A quirky, hearty okonomiyaki joint with vegan and vegetarian options.

- Address: 1 Chome-15-24 Higashishinsaibashi, Chuo Ward





Noodles

“Kuidaore” – to ruin oneself with food.



Strike Ken

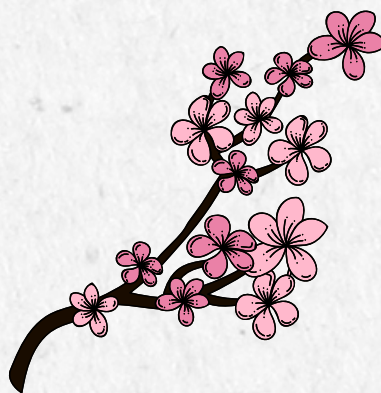
A righteous baseball-themed shoyu and clam-based ramen shop in my favorite area – Temma.

- Address: 5 Chome-8-8 Tenjinbashi, Kita Ward

Shoyu-Ramen Sodaisho

Setting the bar for what yuzu, shoyu-based ramen broths should be (with a killer tsukemen to boot).

Address: 2 Chome-4-16 Ukida, Kita Ward



Men-ya Takei - Hankyu Umeda

A mammoth bowl of pork bone and seafood broth tsukemen with all the fixings.

- Address: 1 Chome-1-2 改札内 2階, Shibata, Kita Ward

Enishi

A homestyle soba noodle and duck restaurant with light, golden tempura sides.

- Address: 2 Chome-8-6 Tanimachi, Chuo Ward



Furusato

A “let's get our hands dirty” late-night udon spot with self-serve nigiri and sashimi.

- Address: 1-32 Ikutamateramachi, Tennoji Ward



Kirinya Honmachihonten

An udon noodle standing bar serving up both cold and hot bowls of this thick, chewy noodle wonder.

- Address: 3 Chome-2-2 Hiranomachi, Chuo Ward





Gyoza & Yakiniku

“Kuidaore” – to ruin oneself with food.



Futamni no Butaman

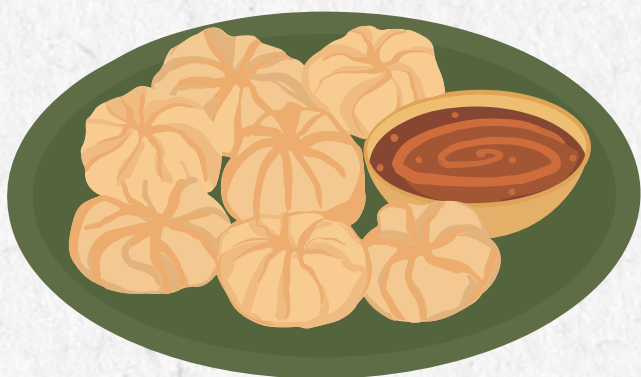
Monster steamed pork buns cooked by two legendary Osaka ladies!

- Address: 3 Chome-1-19 Nanba, Chuo Ward

Kotetsuya

A hole-in-the-wall izakaya specializing in more types of dumplings than you can shake a stick at.

- Address: 1 Chome-9-9 Sennichimae, Chuo Ward



Ponchan Gyoza

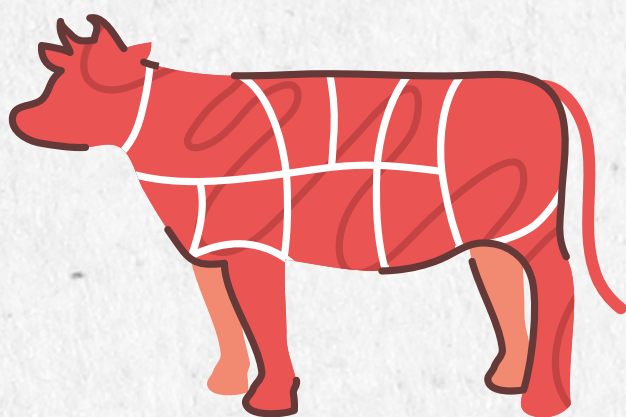
Platters upon platters of dumplings – including a rich duck dumpling worth making the trip for alone.

- Address: 2 Chome-10-12 Daikoku, Naniwa Ward

Sumibi-yakiniki Kagaribi

A mid-range \$\$ yakiniku shop serving up fantastic cuts of wagyu and Sapporo drafts.

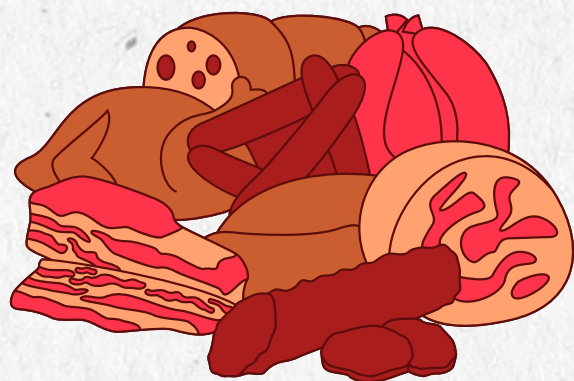
- Address: Funakoshicho, 2 Chome-3-15 昭和ジャパンライフ, Chuo Ward



豚足ホルモン小林商店

An offal yakiniku restaurant utilizing every part of the cow with ‘Mega-beers’ to wash it all down.

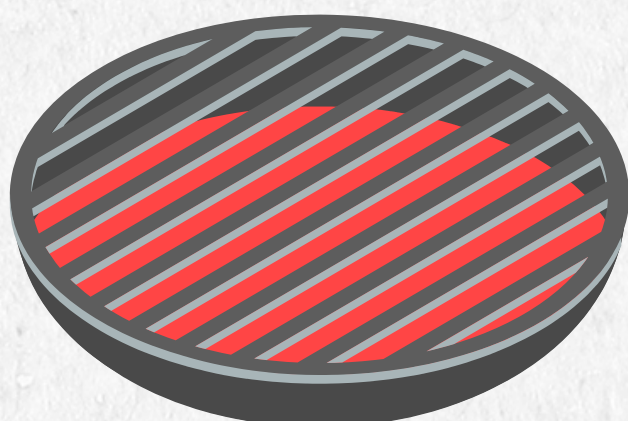
- Address: 6-1 Ikedacho, Kita Ward



焼肉力丸上本町店

An affordable, quality, all-you-can-eat and drink yakiniku spot with private booths.

- Address: Uehonmachi, 6 Chome-7-2 上六三和会館 3F, Tennoji Ward





Yakitori & Izakayas

“Kuidaore” – to ruin oneself with food.



Stand 2nd

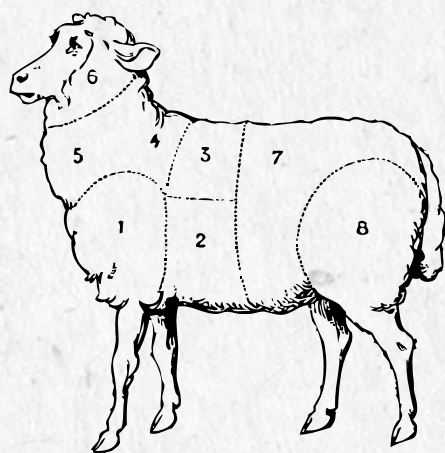
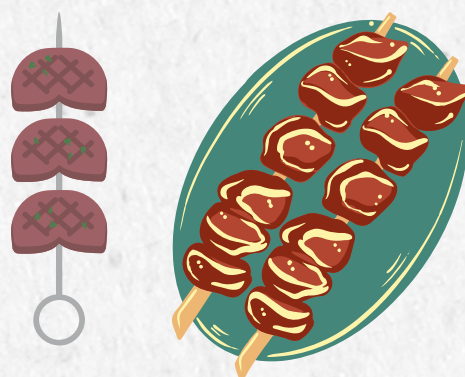
An electric yakitori standing bar with a passionate owner serving up juicy lamb and Heartland draft beers.

- Address: Minamihonmachi, 1 Chome-5-4 東洋ビル 1F, Chuo Ward

Yakitori Tokoha

An intimate yakitori restaurant serving up high-quality skewers (tongue is my favorite) and sake.

- Address: 1 Chome-4-10 Sennichimae, Chuo Ward



ラムのラヴソング

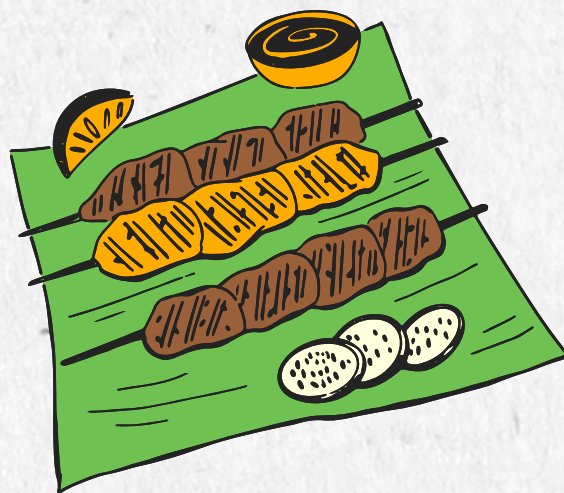
A hip lamb yakitori and standing bar with great vibes and even better meat!

- Address: 2 Chome-6-19 Doshin, Kita Ward

Honki Sumibi Yakitori Mame

A charcoal chicken speciality yakitori haunt smack dab in the middle of Temma.

- Address: 4 Chome-11-13 Tenjinbashi, Kita Ward



とっつあん 天満店

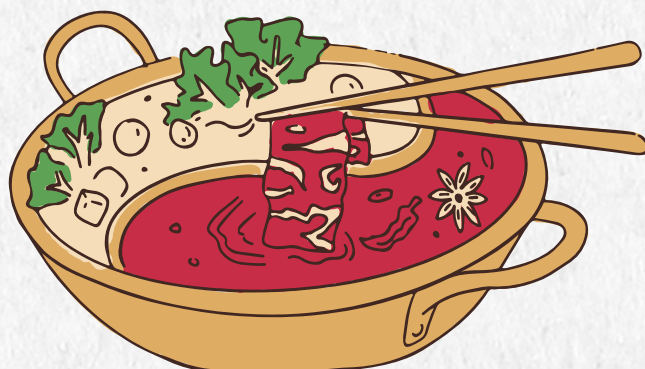
A larger-than-life, energetic izakaya for sashimi, skewers, and drinks that flow like the Yodo River.

- Address: 6-15 Ikedacho, Kita Ward

海鮮居酒屋 天秤棒 千日前本店

A no-frills, local izakaya dishing out almost every izakaya favorite you can imagine (including hotpot).

- Address: 3-22 Nanbasennichimae, Chuo Ward





Dealer's Choice

“Kuidaore” – to ruin oneself with food.



Ike-fugu Torafuguya

A one-of-a-kind experience fugu (pufferfish) restaurant serving up fried, raw, and hotpot variations of this poisonous fish. Don't worry, it won't kill you.

Umayama Tarochoan

A horse meat yakiniku restaurant (g.y.o.h. if you want) that will catch you off guard with how great horse tastes (including the sashimi).

- Address: 2 Chome-8-3 Tanimachi, Chuo Ward



Igaki

A local, mom-and-pop feel unagi (eel) and rice shop with sweet and tangy fillets servings at an affordable price.

- Address: Tanimachi, 1 Chome-6-5 伊賀喜ビル, Chuo Ward



Hozenji Yamakazu

A high-quality unagi and uni (sea urchin) restaurant tucked away in the backstreets of Dotonbori.

- Address: 1 Chome-1-16 Nanba, Chuo Ward



Tonkatsu Katsu Hana

Down-to-earth tonkatsu restaurant frying thick-cuts of delicious pork (of several varieties) that will have you wondering if pork is in fact better than beef.

- Address: 2 Chome-2-11 Kitakyuhojimachi, Chuo Ward

Mannen Curry

A hybrid tsukemen and curry (curry tsukemen) shop serving up hearty, rich bowls of Japanese curry noodles or rice with a slab of pork on top.

- Address: Tokuicho, 2 Chome-4-3 双葉ランドプラザ 101, Chuo Ward





Thank You!

Still Hungry?



Get in Touch!

If you have any further questions about eating or drinking in Osaka (or any of the other cities I've tackled in my posts), don't hesitate to reach out to me via:

- [Contact form](#)
- info@palealetravel.com

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- Brand ambassadorship,
- Product reviews,
- Content marketing consulting.



FIN.